

Thoughts for the Lonely Nights: A Conversation About Grief

Doug Manning



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For a person in grief, the night rarely brings rest and relief. Often that is when all the questions, hurts and tears find a way to come out. Doug brings his best discussions about loss to this book and then provides blank pages following each chapter for the reader to respond, reflect and journal. This is a wonderful answer for those in the throes of grief recovery.



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