

### Psychological Approaches to Rehabilitation after Traumatic Brain Injury



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The psychological effects of traumatic brain injury (TBI) provide a major challenge to rehabilitation services. This text will increase understanding of the nature of these effects and provide practical guidance from experienced practitioners about psychological interventions for use in both rehabilitation and long-term adjustment.

- Provides practical guidance and illustrative case examples from experienced practitioners.
- Structured around five main areas: overview of psychological effects and services; cognitive rehabilitation; managing emotional and behavioural problems; vocational rehabilitation; and family impact and interventions.



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