



A Zebra in a Field of Horses: One Parent's Candid Truth About Raising a Child with Special Needs

BSN, RN, Kelly C. Miltimore

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As the mother of a special needs child, author Kelly C. Miltimore, BSN, RN, has learned to appreciate the many gifts this challenge has brought to her life. But the journey has been a long and lonely road filled with uncertainty and isolation from the “typical” world most people inhabit. In *A Zebra in a Field of Horses*, she provides support for others heading down this road less traveled.

Rather than delivering answers or solutions, Miltimore reaches out in heartfelt conversation about what it’s like to first discover that your child is different, to come to terms with it, and to navigate the difficult path forward. Candidly taking on rarely addressed issues such as having feelings of guilt or jealousy, Miltimore knows firsthand that these feelings are not bad or wrong—only human.

There’s no sugarcoating here, just truths about the day-to-day stresses that can put your marriage in jeopardy and alienate you from your friends. But wherever your child is on the special needs spectrum, you’ll be empowered knowing there are others who understand what you are going through.

Unvarnished yet uplifting, this book can help you unwrap the gifts offered through special needs parenting.

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