



# Facing the Cognitive Challenges of Multiple Sclerosis

*Jeffrey Gingold*

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Jeffrey Gingold

## Facing the Cognitive Challenges of Multiple Sclerosis Jeffrey Gingold

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When attorney Jeffrey N. Gingold misplaced his wife on the living room couch, and became lost while driving just blocks from his home, little did he know that he was experiencing a hidden symptom of multiple sclerosis: cognitive difficulties. *Facing the Cognitive Challenges of Multiple Sclerosis* is a courageous and compelling personal account of one man's anguishing struggle with this aspect of the disease. It was written for the silent majority of MS patients who are privately dealing with MS cognitive symptoms and potential disabilities.

The National Multiple Sclerosis Society estimates that over 400,000 people in the U.S. have been diagnosed with multiple sclerosis, and there are millions more worldwide. Conservatively speaking, half of them will encounter varying degrees of cognitive difficulties. *Facing the Cognitive Challenges of Multiple Sclerosis* brings this hidden disability into the open. It is an essential resource that will educate individuals coping with multiple sclerosis, and inform their families, caregivers, doctors and therapists.

The new edition has been thoroughly revised and updated for medical accuracy. The book includes a new foreword written by Joyce Nelson of the National Multiple Sclerosis Society (NMSS) and two completely new chapters that follow Jeffrey's journey since 2006. Not only did he become more active in the movement to cure MS, he also became more disabled, and ended up switching to a more controversial MS treatment, that has, so far, made his disease go back into remission. Whether or not a person is dealing with the cognitive issues associated with multiple sclerosis this book deserves to be on the bookshelf of every individual who is dealing with multiple sclerosis.

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