

Who Cares What You're Supposed to Do? Breaking the Rules to Get What You Want in Love, Life, and Work

Victoria C. Dickerson, Carla Fine



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Women in their twenties and early thirties face greater pressure to succeed than ever before. And those who don't "have it all" can be left feeling guilty, full of doubt, and resentful because they don't have:

- € A fabulous career
- € Financial independence
- € A husband and children
- € Their own home
- € A busy social life
- € A great body
- € AND the ability to do it all...right now!

For women who are tired of hearing what they're "supposed to" be doing, this inspiring guide can help them fight back against the pressure, and find their own priorities. Nationally acclaimed clinical psychologist Victoria C. Dickerson shows women in their 20s and 30s how to put the world's expectations into perspective and see them as the wonderful options and opportunities they can be.



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Cameron Rodriquez:

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Jane Rippeon:

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Christopher Bohner:

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