



# **Vive libre, vive feliz: Una guía de 21 días para la sanidad interior (Spanish Edition)**

*Lis Milland*

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# Vive libre, vive feliz: Una guía de 21 días para la sanidad interior (Spanish Edition)

*Lis Milland*

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No dejes para mañana lo que puedes solucionar en 21 días.

Decídetelo hoy: Sé libre, Sé feliz.

*Vive libre, vive feliz* es una guía interactiva de 21 días que combina técnicas de psicología con la Palabra de Dios para llevarte por un proceso de restauración efectivo.

Algunos de los asuntos con los que lidiarás en *Vive libre, vive feliz* son:

- \* Sanar el niño interior
- \* No mirar más el pasado
- \* Vencer los temores, la culpa y el rechazo
- \* Restaurar la visión y guiarte por la fe

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