



# Life Skills Curriculum: ARISE Basic Health 101, Book 1: Health & Hygiene (Instructor's Manual)

*Edmund Benson, Susan Benson*

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## **Life Skills Curriculum: ARISE Basic Health 101, Book 1: Health & Hygiene (Instructor's Manual)**

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ARISE Basic Health 101: Health and Hygiene ends your students confusion about health literacy.. Health and Hygiene topics include personal hygiene, skin care, common illnesses, general health, STD symptoms, prevention and treatment, and more.

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