



# Secrets of Fat-free Desserts (Secrets of Fat-free Cooking)

*Sandra Woodruff*

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# Secrets of Fat-free Desserts (Secrets of Fat-free Cooking)

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**Secrets of Fat-free Desserts (Secrets of Fat-free Cooking)** Sandra Woodruff

Over 120 low-fat and fat-free recipes including breads, cakes, pies and mousses. Also gives a summary of the benefits of low-fat diets.

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