



# Taste Test Raw

*Chef Brian James "Be\*Live" Lucas*

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## **Taste Test Raw** Chef Brian James "Be\*Live" Lucas

The latest collection of recipes from celebrated Chef Be\*Live. Chef Be\*Live placed #1 as Favorite Gourmet Raw Chef in the only international raw food contest the Best of Raw 2010 and also placed high in 2008 and 2009. He considers himself a "transitional" gourmet raw chef, specializing in creating raw living cuisine that tastes superb thereby helping make people's first experience with raw living foods equal to many of their cooked favorites. Believing that most individuals need a good tasting experience to transition into eating more fresh fruits, vegetables, nuts and seeds, he has encouraged a multitude of people to discover a healthier diet through flavorful raw living plant based cuisine. A number of influential individuals such as Jake Gyllenhaal, Keenan Ivory Wayans, Woody Harrelson, Nick Nolte, Jeremy Piven, Andy Dick, Mike D, Anna Getty, Aileen Getty, Angela Bassett, John Salley, Rohan Marley, Brett Dennon, AC Green, Bleona Qereti, Michael Beckwith, Ammachi, Brittany Daniel, Barry Zito, Greg Cipes, Ed Begley Jr., Cathlene Silvers, Anthony Borden Ward, Peter Nygard, Vassiliy Jirov, Bai Ling and many more have enjoyed his culinary artistry. "Never before have my body and my palate been so simultaneously pleased and nourished! Thank you Be\*Live for enlivening my mind, body and spirit. Amazing and delicious in every way!" -- Regina Hall, Actor "With Chef BeLive's recipes, your food will be Going Going Gone off your plate." -- Kathy Freston "Chef Be\*Live truly is a RawkStar!! I originally met Brian, now known as Chef Be\*Live, along my raw journey in 1997 when he & Juliano Brotman were working together. They were truly doing some amazing & unbelievable raw food creations! Later when Brian opened Organica: The Living Cuisine, I experienced the explosion of his culinary talents come shining through. He is absolutely a passionate & creative inspiration! He taught me a lot about the raw food culinary world! He also walks his path with incredible integrity & sincerely has one of the biggest hearts of any chef I know. In love & devotion." -- Roxanne Klein

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