



# **The Nature of Man (The Essence of Alan Watts; Book 5)**

*Alan Watts*

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## **The Nature of Man (The Essence of Alan Watts; Book 5) Alan Watts**

From rear cover notes: "The concept of work and duty lies at the heart of Western thought. Grimly we face our goals. We see tasks as adversaries to master. We regard jobs, whether routine or creative, as projects to put behind us so that we can find pleasure elsewhere. In The Nature of Man Alan Watts shows that any activity can be a pleasure in itself. Life, he says, is a kind of dance - to be wholly enjoyed for what it is, not for where it leads."

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