



The History of Massage: An Illustrated Survey from around the World

Robert Noah Calvert

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The first comprehensive history of massage.

- Written by Robert Noah Calvert, the founder of *Massage Magazine*.
- Includes 200 black-and-white illustrations.
- The definitive resource for all students and professionals in the fields of massage and bodywork.

From the people of ancient Greece to the tribes of the Pacific Ocean, massage has been a significant element in medicine, midwifery, folk healing, and athletics. Yet the rich presence of healing touch is rarely manifest in the telling of human history. Now, for the first time, Robert Noah Calvert offers a comprehensive history of massage that spans the globe. Starting with the healing art's ancient foundations, Calvert's *History of Massage* leads us through Greek temples and Middle Eastern bathhouses, Chinese martial arts traditions and Native American sweat lodges, to discover the significant role of touch therapy in the life of the world's people.

With rich use of anecdote and illustrated text, the author details the cross-cultural healing and sensual applications of massage, the development of massage technologies, and the emerging trends of massage in the twenty-first century. *The History of Massage* is groundbreaking work that should not be missed by anyone interested in massage and its benefits for healing.

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The book untitled *The History of Massage: An Illustrated Survey from around the World* contain a lot of information on the idea. The writer explains her idea with easy method. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read that. The book was authored by famous author. The author provides you in the new time of literary works. It is possible to read this book because you can read on your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site as well as order it. Have a nice go through.

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