



Reboot & Rejoice: How I Healed from Parkinson's Disease Using the Body/Mind Practice of Qigong: Regimen, Background, and Personal Reflections

Bianca Mollé

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Bianca (Blanche) Mollé is no stranger to challenge. As parent of one autistic son and teacher in the fields of both regular and special education for over twenty-five years, Ms. Mollé employed creative improvement strategies on a regular basis. Her diagnosis with Parkinson's Disease allowed her to apply these skills successfully, in tandem with qigong, to facilitate her own full recovery.

If you are sitting with any chronic health condition, concerned with further deterioration, looking to move away from the palliative suggestions of traditional medicine and desiring to move on to working with, and then gradually reducing or eliminating the cause of what ails you, this is for you.

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