

# **How to Hepburn: Lessons on Living from Kate the Great**

Karen Karbo



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#### How to Hepburn: Lessons on Living from Kate the Great Karen Karbo

How to Hepburn, Karen Karbo's sleek, contemporary reassessment of one of America's greatest icons, takes us on a spin through the great Kate's long, eventful life, with an aim toward seeing what we can glean from the First Lady of Cinema. One part How Proust Can Change Your Life and one part Why Sinatra Matters, How to Hepburn teases some unexpected lessons from the life of a woman whose freewheeling, pantswearing determination redefined the image of the independent woman while eventually endearing her to the world.

This witty, provocative gem is full of no-nonsense Hepburn-style commentary on subjects such as: making denial work for you; the importance of being brash, facing fear, and always having an aviator in your life; learning why and how to lie; the benefits of discretion; making the most of a dysfunctional relationship; and the power of forgiving your parents. Thrilling fans of the notoriously independent actress, award-winner Karen Karbo presents a gusty guidebook to harnessing your inner Hepburn, and living life on your own terms.



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