



**Natural Remedies for Kids: The Most Effective  
Natural, Make-at-Home Remedies and Treatments  
for Your Child's Most Common Ailments \* Treat  
coughs, ... naturally at home \* Easy-to-find  
ingredients**

*Kate Tietje, Bob Zajac*

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*Natural Remedies for Kids* is an easy-to-use reference for parents who are ready to take their family's health into their own hands by using over 100 natural and herbal remedies to help common ailments at home.

There's no need to rush off to the doctor at the first sign of sniffles or fever! Instead, understand what each symptom may be a sign of, how to help treat that symptom naturally, and how to help your child rest comfortably until the illness is over. Find out if the symptoms may be serious enough to warrant a call to the doctor. Then, learn to prepare one of the many recipes for home remedies found within the book to help your child naturally.

Clear up common conditions like:

- Diaper rash
- Eczema
- Runny noses
- Coughs
- Sore throats
- Upset stomach
- Teething
- and more

Find tips and hints from Kate Tietje on which remedies are best for which issues. Discover the time-tested treatments that will help to keep your child healthy and happy, naturally!

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